



What is Spiritual Communion?

Spiritual Communion is a way to be united with Christ when we are not able to physically receive the Eucharist. St Thomas Aquinas described it as "an ardent desire to receive Jesus in the Holy Sacrament, and a loving embrace as though we had received Him." This was a practice very dear to the heart of St Alphonsus Liguori, founder of the Redemptorist Order. In this time of uncertainty, when we are encouraged to practice "Social Distancing," let's use St Alphonsus' practice to be united in Spirit and in Prayer with one another and with Christ.

How to make a Spiritual Communion:

- Start with the Sign of the Cross.
- Read and reflect on the readings of the day (you can go to <https://www.catholicshops.ie/readings/>) Mass Leaflets in Church porches at weekends or follow us livestreamed on www.clonduffparish.com **9.00am (Monday to Friday) Saturday at 6.00pm and Sunday at 11.00am in St John the Evangelist Church, Ballymaghery**

- Pray an Act of Spiritual Communion, such as this one inspired by St Alphonsus Liguori

My Jesus, I believe that You are present in the Blessed Sacrament.

I love You above all things, and I long for You in my soul.

Since I cannot receive You sacramentally, come at least spiritually into my heart.

As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen

Offer a Prayer of Thanksgiving.

Advice relating to 'Flu and Coronavirus (COVID-19)

Please don't come to church if you have...

- a cough
- difficulty breathing
- a high temperature

Prevention



ANNIVERSARIES: BALLYMAGHERY, BALLYGORIAN, CABRA & DRUMGATH PARISH

Sat 28th Mar 6.00pm BALLYMAGHERY:	MM Kathleen O'Hagan, Ballymaghery: Gerard McGaw, Kilkeel Road; Patrick, Florrie & Patsy McGaw, Kennedy Drive; Martin, Michael & Ambrose Walls, Goward; John, Lil & Peter Martin Carvill & Deceased Carvill Family, Goward. DRUMGATH PARISH: Canon Pat McAnuff; Daniel & Catherine Duggan, Fabian & Maureen Duggan & Deceased Family, Hilltown
Sun 29th Mar 11.00am BALLYMAGHERY:	BALLYMAGHERY: Denis Rodgers, St John's Terrace; Joan Morgan, Speiga Park; Roberta, Frances & Robert Russell, St John's Terrace; Wm & Anne McNeill, Glenravel; Bernard Travers, St Anne's Terrace DRUMGATH PARISH: Sarah Boyle, Iveagh Bungalows; Bridget & Patrick McArdle, Mournie View; Martha Downey, Iveagh Bungalows
Mon 30th Mar 9.00am	BALLYMAGHERY:
Tue 31st Mar 9.00am	BALLYMAGHERY:
Wed 1st Apr 9.00am	BALLYMAGHERY:
Thur 2nd Apr 9.00am	BALLYMAGHERY: Barney Morgan, Lenish
Fri 3rd Apr 9.00am	Cissie & Arthur Fearon, St Patrick's Park; Peter Gilmore, Leitrim; James Gerard Gilmore, Slievenagarragh
Sat 4th Apr 6.00pm BALLYMAGHERY:	DRUMGATH: Stanley McGaw, Drumlough Road; Thomas, Mary & Evan McGlade & Deceased Family members, Ballydoo Drive; Malachy McCartan, Slievenagarragh
Sun 5th Apr 11.00am	DRUMGATH: Jim & Betty Maginn, Patsy & Agnes Maginn, Moira Blackburn & Eileen Maginn, Rathfriland

Diocesan Pilgrimage to Lourdes. for this year has been cancelled

Notice for couples planning a wedding in the Parish. From now on Wedding Masses will only be held on the hour, for example at 12pm or 1pm as opposed to 12.30pm. This change is required to ensure that a Funeral can be accommodated on the same day should the need arise.

We politely request that couples adhere to this. **Thank you.**

RECENTLY DECEASED – We pray for the happy repose of the souls of
Jean McPolin, 40 Bryansford Road, Mother Attracta Devlin, St Clare's Convent, Newry,
Sean Fegan, 33 Bryansford Road and Sheila Fitzsimons, Kilclief
(sister of Oliver & Raymond Brannagan and Mary McPolin) who died recently
May they rest in peace

Clonduff Parish Newsletter

Sunday 29th March 2020
Fifth Sunday of Lent



Jesus declares his power over death
John 11:1-45.

LENT IS A TIME TO PAUSE

Pause a little: leave behind the unrest and commotion that fill the soul with bitter feelings which never get us anywhere. Pause from this compulsion to a fast paced life that scatters, divides and ultimately destroys time with family, with friends, with children, with grandparents and as a gift... time with God. Pause for a while, refrain from the need to show off and be seen by all, to continually appear on the 'noticeboard' that makes us forget that value of intimacy and recollection.

Pause for a while, refrain from haughty looks, from fleeting and prerogative comments that arise from forgetting tenderness, compassion and reverence for the encounter with others particularly those who are vulnerable, hurt and even immersed in sin and error.

Pause for a little while, refrain from deafening noise that weakens and confuses our hearing that makes us forget the creative power of silence. **Pope Francis**



Trocaire boxes are available in each Church porch. Please take one with you – and one for your neighbour too!

The Gospel tells us if we wish to renew our lives the remedy is in prayer, fasting and almsgiving. These three strands of the Lenten observance are as ancient as Christianity itself. There is no substitute for them.

Fr C Byrne Tel (028) 40630206 or in emergency 07764941606

PARISH OF CLONDUFF 29th MARCH 2020 FIFTH SUNDAY OF LENT

(Sunday Readings Cycle A – Weekday Readings Cycle 2)

PLEASE NOTE in light of the current situation with the Coronavirus, I will not be visiting the sick and housebound, but if someone wishes to have a visit ring my mobile **07764941606**. Thank you for your understanding as we try to keep safe at this difficult time. *Fr Charles Byrne*

Registered with the Charity Commission for Northern Ireland NIC105046

Diocese of Dromore Safeguarding of Children, young people and vulnerable adults: Dromore Designated Person Patricia Carvill 07789917741. A copy of the Dromore Diocese "Safeguarding Policy and Procedures" is available for reference in the Parish Rooms.

DROMORE DIOCESAN HISTORICAL SOCIETY Wednesday 8th April: Due to the present circumstances, the lecture in St Peter's Hall, Lurgan in association with the "Lurgan & North Armagh George Russell Festival Society" is **CANCELLED**. The events planned for May and June are also **cancelled**

Dromore Diocese, Northern Ireland Please find below updated guidance regarding the Coronavirus (Covid-19)

Places of Worship
Places of worship are to close for services, with the exception of Funerals (following the numbers and social distancing guidance). Places of worship should remain open **STRICTLY FOR SOLITARY PRAYER ONLY** (and/or any other planned or scheduled GATHERING OF PEOPLE for Adoration, Stations of the Cross, Rosary etc.) **may no longer go ahead.**

Funeral Liturgies
For the time being, but subject to daily review, the following guidelines should be followed:
Funeral services within the church building may proceed for now, but physical participation must be limited to immediate family only.

PLEASE NOTE THIS IS A CHANGE TO PREVIOUS ADVICE AND ENVISAGES A VERY SMALL GATHERING FOR ANY FUNERAL LITURGY TAKING PLACE INSIDE A CHURCH OR AT THE GRAVESIDE.

Sacrament of Baptism

All Baptism Ceremonies should now be postponed.

Sacrament of Marriage

All Marriage Ceremonies should now be postponed.

Webcam service continues from:

www.mcnmedia.tv/camera/ Ballymaghery Chapel or www.clonduffparish.com

STOP THE SPREAD OF COVID 19 OUTBREAK BY STAYING AT HOME – KEEP SAFE

Website: www.clonduffparish.com